



Sports Specific Training

2008 EQUIPMENT LIST

BARS

10 kg Pendlay Olympic Bar	\$200.00
15 kg. Pendlay Olympic Bar	\$340.00
20 kg. Pendlay Olympic Bar	\$360.00
Muscle Clamps (pair)	\$34.95
Husker Collars (pair)	\$48.00

BUMPERS

10 kg Bumpers	\$69.00
15 kg Bumpers	\$79.00
20 kg Bumpers	\$89.00

D-BALLS

8 lb. D-balls	\$61.00
12 lb. D-balls	\$72.00
16 lb. D Balls	\$83.00
20 lb. D Balls	\$94.00
D-Ball Set	\$310.00

DUMBBELLS

5 lb. Dumbbell set	\$74.00
10 lb. Dumbbell set	\$87.00
15 lb. Dumbbell set	\$100.00
20 lb. Dumbbell set	\$114.00
25 lb. Dumbbell set	\$123.00
30 lb. Dumbbell set	\$138.00
35 lb. Dumbbell set	\$147.00
40 lb. Dumbbell set	\$158.00
45 lb. Dumbbell set	\$167.00
50 lb. Dumbbell set	\$179.00
Dumbbell Set	\$1,287.00

DYNAMAX BALLS

8 lb. Dynamax balls	\$79.95
12 lb. Dynamax balls	\$89.95
16 lb. Dynamax balls	\$99.95
20 lb. Dynamax balls	\$109.95
Dynamax Ball Set	\$379.95

JUMPROPE

8' Pro-Vinyl Jumprope	\$10.45
9' Pro-Vinyl Jumprope	\$11.45
10' Pro-Vinyl Jumprope	\$12.45
Jumprope Set	\$34.35
Wall Mounted Jumprope Rack	\$42.95

KETTLEBELLS

8 kg. Kettlebell	\$42.00
12 kg. Kettlebell	\$52.00
16 kg. Kettlebell	\$62.00
20 kg. Kettlebell	\$73.00
24 kg. Kettlebell	\$83.00
32 kg. Kettlebell	\$104.00
Kettlebell Set	\$416.00

POWER BALLS

2 lb. Power ball	\$17.95
4 lb. Power ball	\$23.95
6 lb. Power ball	\$29.95
8 lb. Power ball	\$39.95
10 lb. Power ball	\$49.95

RACKS

1-ball Physioball Rack	\$99.00
2-tier 10-Dumbbell Rack	\$599.00
4-ball Medball Rack	\$299.00
5-ball Medball Rack	\$329.00
Floor Weight Rack	\$259.00

RUBBER WEIGHTS

2.5 lb. rubber weights	\$3.49
5 lb. rubber weights	\$6.95
10 lb. rubber weights	\$12.95

SST EQUIPMENT

SST Half Rack w / above Ground Platform	\$2,774.00
SST Half Rack w / horn rack	\$1,825.00
SST Half Rack	\$1,324.00
SST 3-way bench	\$499.00
SST ½" Deck w / logo	\$445.00
SST Wall Mount Pull-Up Rack	\$179.00

MISCELLANEOUS EQUIPMENT

1 lb Gym Chalk	\$15.00
6" Mini Hurdles	\$9.50
65 cm Resistaballs	\$29.95
Balance Disks (individual)	\$22.95
Balance Pads (non slip)	\$59.95
Concept II Rower	\$895.00
Exercise Band Set w / DVD	\$119.95
Glute-Ham Machine	\$699.00
Plyobox Set (12,18,24,30)	\$549.00
10 lb. training plates	\$119.00

Prices subject to change. Prices do not including shipping, handling or tax.